



# 2016 Cowboy State Early Childhood Conference

## Workshop Offerings

*Schedule subject to change. All workshops are two hours except where noted.*

### **Let's Go Outside! Using Natural Materials to Enhance Learning for Young Children with Colleen Bartlett**

(ALE) Th, F, S

This session will give you ideas for engaging outdoor classrooms and play areas without breaking the bank. You will learn how to provide opportunities for children to interact with natural materials and outdoor environments that you create to meet the developmental needs of your children across all of the learning domains.

### **Building Ourselves to Build Children with Kyree Corbett**

(P&L) Th, F, S

Through this training, focusing on professionalism and leadership, teachers will learn the importance of building their self-confidence in order to teach more effectively. Participants will learn about their own personality type and how to collaborate with other teachers according to these personality types. Ways to manage stress and exude self-confidence will become second nature after taking this training.

### **Fake it Until You Make It with Becca Steinhoff & Kelsy Been**

(P&L) Th, F

This training is designed to help participants understand the power of observation and its role in how others perceive you. We will review research that demonstrates the importance of first impressions long beyond the first encounter. Then, participants will learn what it takes to make a great first and lasting impression by reviewing how appearance, body language, attitudes, and actions influence others perception of us and how we can control the messages we send about ourselves. We will take specific look at what child care providers can do to ensure they convey positive and professional messages about themselves and the field at large.

### **Bringing You're A Game to Work with Becca Steinhoff & Kelsy Been**

(P&L) Th, F

Bringing You're a Game to Work reveals the formula for turbo-charging your commitment to your job, and catapults you toward being a model for work ethic. Research from hundreds of companies and input from thousands of employer leaders has led to the discovery of seven essential work ethic values that make you an employee worth fighting for. We will talk through those seven values, and then identify strategies that help you bring them with you to work every single day.

### **ALICE - Alert, Lockdown, Inform, Counter and Evacuate with Russell Clark**

(HN&S) F, 4-hr workshop

ALICE Training is a research-based, proactive approach to responding to an active shooter situation. It has been adopted by businesses, schools, and organizations across the nation to prepare employees, staff, students, and personnel for how to respond in violent intruder situations. ALICE training is currently being taught in many of Wyoming's schools.

**August 4-6, 2016**

**Central Wyoming College in Riverton**

### **Professionalism and Leadership in Early Childhood Education with Jessica Castleberry**

(P&L) Th, F, S

This course is perfect for anyone in the early childhood education field looking to boost your professionalism or cultivate your leadership skills. You will receive a treasure trove of education, based on standards in the professional business world, with application in the early childhood education field. Subjects covered will be Professional Imaging, Team Building, Workplace Burnout, How to Be a Mentor, Staff Meetings, What Blogging Can Do for Your Staff, Emotional Intelligence, De-escalating Coworker Conflict, and Preschool Leadership Unplugged. Jessica's classes are taught with warmth and humor, and you will receive hands on materials that you can apply to your classroom immediately!

### **Diabetes Education for Child Care Providers with Dian True**

(HN&S) Th

Review of tools for managing diabetes at home, school or child care

### **Child Passenger Safety for Professionals @ Caregivers with Tom Cunningham**

(HN&S) F, S

Education and understanding on Child Passenger Safety Issues that relate to local communities, agencies, and child care providers.

### **Connecting the Dots-Understanding Adverse Childhood Experiences with Jennifer Davis**

(CG&D) Th, F, S

Adverse childhood experiences have been linked to poor health outcomes as an adult which can lead to early death. It is essential to mitigate early negative experiences in young children to not only support proper development but to also ensure a high quality adult life. We must connect the dots for very young children in our communities by supporting positive interactions.

### **Kindergarten Readiness Skills with Mary Swanton, Autumn Kondelis & Michele Park**

(ALE) F

Hands on activities for children 3 to 5 to prepare them for Kindergarten.

### **Discovering the World Around Us-Together with April Lange**

(ALE) F, S

"Children naturally love to explore the world in hands-on ways, but in order to keep that enthusiasm alive, it's important for children to have opportunities that grow with them. Successful programs provide exciting experiences at school but involve parents in such a way that they can build on those opportunities together at home, creating a lifelong love of learning! In this session, participants will dissect a fetal pig, frog, starfish, grasshopper, or clam, explore normal and abnormal cells in a microscope, make their own slides using found materials, learn how to study bacteria found in the normal environment, analyze an ant colony, and dissect an owl pellet. After participating in hands-on activities, learners will receive ideas for involving parents and extending the learning process to the home environment.

### **How Can I Be a Professional Sitting in a Tiny Chair? With Katie Mordhorst**

(ALE) F, S

What does it take to be seen as a professional in the child care and early childhood business. This interactive class will help answer some questions for you. Come and get tips and techniques to assist you in improving your image.

### **Sensory Integration and Fine Motor Skills for Children with Ashli Westbrook, MS OTR/L**

(CG&D) F

In this class you will get a brief overview of sensory integration and how it impacts children and their fine motor development. This class will also provide activities to promote fine motor skills in a child care/preschool setting.

### **Well Behaved Children Are A Joy with Donna Harrison**

(G&D) F, S

Learn to understand why children misbehave and some strategies to minimize inappropriate behaviors.

### **Diversity in the classroom with Melissa Litke & Tara Goltermann**

(FC&CR) F

Learn about stereotypes, how to address children's questions about differences and what materials and activities can be used to help.

### **Taming the Curtain Climbers & Ankle Biters with Dr. Michelle Aldrich**

(G&D) T

What is the difference between guidance and discipline? Discover ways to address challenging behavior while keeping your sanity and helping children learn to regulate their own behavior.

### **Child Development Associate Workshop with Dr. Michelle Aldrich**

(P&L) F

Are you interested in earning your Child Development Associate (CDA) but are unsure of what your next step is? This workshop will answer questions about why you should consider earning a CDS, how to build your portfolio, and even provide you with ideas on how to pay for this national certification!

### **Babysitter or Early Childhood Education Professional? with Dr. Michelle Aldrich**

(P&L) S

How would the parents of your children describe you? Are you a babysitter or an early childhood education professional? Discover how you can present a professional image and increase your earning potential. We will cover every aspect of your business from business cards to handbooks to staff policies.

### **How to Survive Your Spouse's Child Care with Bill Spencer**

(P&L) F, S

"This workshop is designed for new providers starting child care. Focus is on perceptions of the provider, family and friends. Communication skills, and group dynamics.

### **Embracing Distinctive and Divergent Learners with Tiernan McIlwaine**

(CG&D) F, S

Children represent an amazing spectrum of skills, interests and experiences. As a result the early childhood providers, whether in a home or a classroom, can be challenged when trying to engage children in meaningful relationships, routines and activities. Participants will experience and discuss activities and interventions that address child development across a variety of developmental domains. As a result of this workshop participants will have resources and skills necessary to plan dynamic activities for children from three to five years of age in a manner that engages children across the developmental spectrum.

### **From Diapers to Discovery with Tiernan McIlwaine**

(CG&D) F, S

This entertaining presentation will examine the developmental journey from birth to five years of age. Participants will understand the five categories of needs and how caregiver responses evolve as children develop. Join the discussion and fun as we examine the child development process from the infant mastering the sensory world to the preschooler practicing peer relationships.

### **Emergency preparedness tools that make sense for your facility and circumstances with David King & Mel Warren**

(HN&S) F, S

It's an awesome thought to be responsible for all those young lives entrusted to your care, along with the others working in your facility. When the siren goes off, your room(s) begin filling up with smoke, the irate non-custodial parent starts making demands, you haven't been able to see past your window's glass all day because of the blowing snow...will you be prepared? The first step towards being prepared is to know what can happen and how it can affect you and your facility. Then, consider your vulnerabilities, resources, and solutions. The goal of this session will be for you to walk out with emergency preparedness tools that make sense for your facility and circumstances.

### **Director Make and Take with Tracy Seul**

(PB&M) Th, F, S

Come hear and share some of the best practices for running a center - everything from developing a mission statement to creating an affordable incentive program for teachers. Participants will leave with an electronic copy of some of the necessities and lots of ideas to use at your center right away!

### **Our journey from themes to emergent curriculum with Melissa Litke**

(ALE) F

In this class we will share our journey from a theme based curriculum to project based, child centered learning which integrates all areas of curriculum in an engaging way.

### **Regulation and Classroom Management in the Preschool Setting with Martha Nesslinger**

(G&D) F, S, 4-hr workshop

This class is focused on helping teachers and caregivers learn productive ways to intercede when young children are distressed or "acting out" in the classroom setting. The interventions presented in the course are therapeutic in nature and over a period of time they will help to significantly reduce a child's distress and increase their ability to learn, focus and interact well with others. Suggestions are also offered for helping caregivers and teachers interact with the parents of these children in meaningful ways to assist the families at home as well.

### **Leading Early Childhood Professionals with Purpose with Donna Sonesen**

(P&L) F

How do we maintain staff and encourage a team of leaders? This presentation will discuss important strategies to lead with a vision and develop a supportive environment.

### **To be or not to be... A Shakespearean Thespian: The Guide to Teaching Drama to the Older Preschooler with Christine Maddy, Ed.D.**

(ALE) F

According to Vygotsky, language is critical in the development of children. They need words for thinking and learning, and that is exactly what this class is designed for! The learner will be able to teach Shakespeare in a fun and compelling way that will engage the children intellectually, physically, socially, and emotionally.

### **It's Not Weird, It's Different! With Regien Hasperhoven**

(FC&CR) Th, F, S

This training will focus on cultural differences between people, families, ethnic and cultural groups and their approaches to interacting with one another. Using real life experiences, the presenter will illustrate some of these differences. We will explore how behaviors that seem to be weird or odd are truly just "different" and are based on what is deemed important for survival and for reaching one's potential within that ethnic or cultural group or within that family. We will develop some tools for better understanding and acceptance of these differences and for finding solutions when problems occur.

### **Movement, Sensory, and Development with Renee Brazil, OTR/L**

(CG&D) S

We will discuss the movement and sensory foundations for learning and growing, and how to facilitate them at home and in preschool.

### **Growing up WILD: Environmental Experiences for Early Childhood with Joan McGraw**

(ALE) Th, F

Project Learning Tree and Project WILD are tried and true environmental education programs that encourage children to explore the environment and wildlife around them. These curricula provide educators with a wide range of activities that can be used to engage children in outdoor play while creating an early foundation for developing positive impressions about the natural world, and lifelong social and academic skills. This session will introduce participants to the curriculum through fun, hands-on activities. Participants will also learn how they can obtain the curricula through an in-person or online workshop and expand using the curriculum into service learning projects.

### **Pre-K Academy ~ STEAM with Amy Ready**

(ALE) S

Early Childhood professionals will learn how to develop and implement STEAM (science, technology, engineering, art, and mathematics) activities for the preschool setting. You will not be sitting down and taking notes, this is a hands on class with a lot of movement. Come join the fun with STEAM!

### **Powerful Relationships: Foundations for Behavioral Management & Student Success with Kim Coggins & Kara Carnes-Holt (G&D) F, 4-hr workshop**

This interactive workshop focuses on Child Teacher Relationship Training for preschoolers in an early childhood and early elementary education setting. This intervention empowers teachers as therapeutic agents of change with students, providing strong foundations for behavioral growth and student school success. Teachers will learn about the foundations of Child Teacher Relationship Training and practice some of the techniques supported by this philosophy. Teachers will leave this workshop with specific skills to implement in their classrooms.

### **Health and Sanitation for the child care Provider with Abbey Davidson**

(HN&S) F

Sanitation inspection basics for child care providers

### **Be Change Leaders in the New Health Culture with Nan Craft. WRIR CNP Coordinator Sr**

(HN&S) F, S, 4-hr workshop

This fast paced presentation offers the opportunity to learn what it means to be a change leader in the new health culture. Discover both the "why" and "how" of implementing new physical activities, then practice them yourself! Be the Boa Constrictor; practice Keeping Your Flock; try some Fruit Salad! Create a child-friendly environment that promotes healthy eating and reduces picky eaters with both the "why" and "how" of feeding young children; then practice making snacks yourself! How about The Edible Butterfly, Fishing with Veggies, Banana Cream Pie on a Stick and Bean Dip in a Bag? Step up to new ways and new ideas.

### **Moving & Learning -Instant Activities with Katrina Lorenzen**

(ALE) Th

This workshop will focus on the importance of physical activity in early learning. Various games that incorporate learning with movement will be demonstrated along with strategies and plan development for the participants to utilize in their class setting. Movement improves learning, behavior and concentration. By combining learning with movement, children receive many benefits!

### **Benefits of Teaching Sign Language with Patti Lindell**

(CG&D) F, S

Learn the who why and how your children will benefit from learning sign language in a fun and interactive way.

### **ASL: Everything from A to Z and More with Patti Lindell**

(ALE) F, S, 4-hr workshop

A hands on interactive class where you will acquire a vast array of sign and how to dance with your hands...Let's get flappin!

### **University of Wyoming ECHO Networks: Opportunities for Early Childhood with Canyon Hardesty**

(CG&D) Th, F

This session will discuss the UW ECHO Networks and how professionals from around the state and nation are connecting, through video conference technology, with an interdisciplinary team of individuals working in education, health and disabilities to learn more about best practices and strategies for: Assistive Technology; Autism Behavior Supports; Educational Leadership; and Secondary Transition. We will also like to brainstorm with attendees needs for training within early childhood that could be addressed during existing UW ECHO opportunities or as part of new network development including communities targeting best practices for early childhood transition and literacy.

### **The REAL Importance of That First Year of Life - You ARE a Key! With Lynn Gordon**

(CG&D) F, S

Developmentally, the first year of life is the most important for the infant and his or her brain. This first year sets the course for the rest of the child's life. This class will look at the importance of this first year, the factors that affect brain development, and the stressors that the family faces and their impact on the infant. Your role as provider, the influence you have, and most importantly, the value you bring to the infant and his or her family will be the focus.

### **Help! Help! Parents! What Do I Do with Them? You ARE a Key! With Lynn Gordon**

(FC&CR) F, S

"The kids are easy! It's the parents! HELP!" How often have you said this to yourself or heard this from a co-worker? Working with and dealing with parents is one of the biggest challenges of being a child care provider. This class will present ideas on working with parents. Time will be allowed for participants to bring situations for discussion, ask questions and seek solutions. (Parent profiles must be presented without names or identifying criteria. Please make the case or ask the question in a general enough way that no parent in particular can be identified.)

### **How to Be a REAL Professional in the child care World - You ARE a Key! With Lynn Gordon**

(P&L) F, S,

As a Child Care provider, many of you under estimate how much influence you have on a child, his or her family and your community. Because you are a role model to the child and their family, and as such, are a MAJOR influence in their lives. Thus, it's essential and important, that you, the provider, put your best foot forward as a professional in this field. This class will talk about common pitfalls of not presenting yourself in a professional manner, and how to "fix it."

### **Safe Sleep Practices and SIDS Prevention with Jennifer Davis**

(HN&S) Th, F, S

Understanding the importance of a safe sleep environment for infants, as well as understanding the risks and recommendations for SIDS prevention.

### **How to Deal with Angry Parents and Children with Bill Spencer**

(FC&CR) F, S

This workshop dives into what anger is. How kids deal with anger and how adults deal with anger. When anger hits how do providers handle it.

### **Pyramid Model: Promoting Social and Emotional Competence in Young Children Module 1 with Cindy Donahue**

(FC&CR; G&D) Th, F, 4-hr workshop

Module 1: Creating supportive, responsive relationships among adults and children and creating high quality environments to promote positive outcomes for all children. To be taken in conjunction with module 2.

### **Pyramid Model: Promoting Social and Emotional Competence in Young Children Module 2 with Cindy Donahue**

(FC&CR; G&D) F, S, 4- hour workshop

Module 2: Systematic approaches to teaching social emotional skills to young children for preventative and remedial effects. To be taken in conjunction with module 1.

### **Director's Round Table**

(P&L) F, S

This workshop will provide attendees the opportunity to share strengths and get help with big issues you deal with every day. It will assist you in finding easy answers to your tough questions. This workshop is open to all staff members, owners, Directors and Providers.

### **Wyoming Resources**

(P&BM) F, S

This workshop will give you an overview of the resources offered in our state. Scheduled to provider information are, WYQC, Wyoming Afterschool Alliance, Resource & Referral, STARS, TANF and more.....